

“Hands-on Learning!“ – Intercultural Preparation and Preparation for the workplace

The “Hands-on Learning!“ – Course deals with topics and situations, which have a great practical relevance during an internship in a foreign country, for example “Dealing with difficulties at the workplace“. The Course consists of a **Welcome module**, **ten course modules** and a **Feedback module**. The modules of the course are offered periodically. Therefore when all modules have once taken place they will start over again. This gives participants the possibility to start the course at any time and to determine their personal course schedule. Learners have the opportunity to choose 5 out of 10 modules according to their interests and time constraints.

Course details

- **Course type:** Online course with focus on interactivity and group work
- **Course duration:** Completion of **5 out of the 10** course modules + accompanying modules (Welcome module + Feedback module) resulting in min. duration of **12 weeks**
- **Duration per module:** 10 days
- **Moderation:** Each module is moderated by a trainer
- **Course language:** English
- **Amount of work per module:** approx. 5 hours
- **Pre-conditions for participation:** knowledge of English, basic computer/internet skills

I liked the Online-Training as a whole. It was well organised and moderated in a friendly manner. The time to work on the tasks was flexible and the tasks were imaginative and asked for different “products” (essay, letter, question/answer). Thank you all!

Participant’s feedback

Procedure

- In the run-up to the course the participants receive the access data to enter the online learning environment and an overview form (course plan) listing the offered modules. Using the form the participants sign up for their desired modules.
- With their access data the participants log in to the online learning environment and finish the Welcome module. Getting to know the learning platform and self-assessment of skills is essential in this module.
- To be able to finish further modules the participants have to hand in their course plan. Access to the elected courses is given at the starting time of each module.
- Learners participate in the course modules following their personal course plan.
- The participants get signed in to the Feedback module together with their last course module.
- If a participant successfully finishes the seven modules (incl. Welcome module, Feedback module), she/he will receive a certificate at the end.

Module overview

Ready to go!

Welcome to the course (Welcome Module)

Turn it around!

Dealing with under-challenge and overstress situations

I have an idea ...!

Cooperation opportunities between home and host environment

Plan 2 Succeed!

Self-organisation and problem-solving abroad

Feel the difference!

Dealing with culture shock and re-entry shock

Express yourself!

Convey your messages successfully

Info Module

Access to traineeship reports

Decode conventions!

Rules and conventions at your host environment

Observe and understand!

Training nonverbal communication

Enjoy success!

Follow-up on your internship abroad

Discover business ethics!

Social responsibility and social entrepreneurship

Dare to change!

Cross your boundaries

Get involved!

Explore your opportunities as an EU-citizen

Feedback Module

Feedback to traineeship experience & feedback to course



Costs

The costs per participant are € 100 (including 5 modules & access to feedback module & access to info module)

Or

40€ for one module per participant

Or

200-300 € for special individual Feedback and Infomodule (individual space for internship reports including search machine)

Contact

The course (www.practical-preparation.de) is run by the Institute inter.research e.V. (www.inter-research.eu).

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